

FAMILY



The Alton  
Memory Care



WHERE CARING  
REFLECTS FAMILY

GENUINE



CARING



## Services and Caring Support

When loved ones encounter memory issues, unique challenges arise for the person affected and their family members. Our professional caregivers are committed to providing the “person-centered” care which meets the specific needs of each individual. We help families gain quality time with their loved one and the peace of mind knowing they are well cared for in all aspects of their lives.

Newly constructed and adjacent to the highly regarded Wellington Assisted Living and Rockwood Place Senior Apartments in St. Paul’s Highland Park neighborhood, **The Alton Memory Care** provides a caring, homelike living environment. The residence is smoke free and designed to enhance quality of life through physical assistance, social interaction, recreation and family involvement.

The mission of our committed 24/7 staff is to help our residents enjoy the highest quality of life while also providing a positive and convenient environment for residents and families to enjoy visits and social interaction.

Respite Care is available to provide a safe and nurturing environment when caregivers need to be away (minimum of 7 day stay).



# A Setting Like Home and “Person-Centered” Care

## **THE FOLLOWING ARE INCLUDED IN THE BASIC MONTHLY SERVICE PACKAGE.**

- Private living suites including individual or semi-private (tandem suites) bathroom
- 3-meals a day served restaurant-style, plus snacks throughout the day (Some special diets can be accommodated)
- Weekly housekeeping, linen change and laundry (up to three loads/week)
- Staff trained specifically for memory care
- Recreation and Socialization: Staff planned and conducted on-site and off-site programs, events and outings including transportation
- Range of care options available to meet specific resident's physical and social needs
- Beautiful secured outside grounds for residents and family use
- A state of the art security and call system is complemented by monitored building entrance and exits
- 24/7 staffing and direct response for residents by on-site home health staff
- Person centered care using advanced technology systems in addition to the human touch
- Registered Nurse on site Monday thru Friday during normal business hours and on call at all times
- Licensed Practical Nurse on site seven days a week
- Up to 12 medications set up by RN/LPN weekly and administered up to 3x/day by trained home health staff
- Non-behavior intervention and cuing throughout the day
- Assistance with one bath or shower per week
- Educational and support group opportunities for families
- Licensed Social Work services
- Heat, water, electricity, phone and direct TV
- Notary, fax and copy services

# Professionals with a Personal Touch



The foundation of our caring staff is the recognition that each resident is an individual with their own unique interests and needs. Our “person-centered” care helps assure that the quality of life of each resident — their health, individual identity and personal dignity — is maintained at the highest level possible, and that individual care is appropriately modified as their needs change.

The Alton’s mission is to maintain a community where residents continue to experience joy, comfort and meaningful human interaction.

Our dedicated team has established a history of high level employee retention. All employees receive special training in the intricacies of memory care services, and have made a personal choice to serve in this rewarding field.

Registered with the State of Minnesota as a Housing with Services Provider and a Class F Homecare Provider, The Alton is an active member of the Aging Services of Minnesota.

## **FEE STRUCTURE AND MORE INFORMATION**

All service offerings are available on a private pay basis exclusively. The basic service package (See list on center panel) includes both housing and healthcare services. Care services beyond the basic package are available at additional fees as determined by a resident’s individual needs.

Your Alton management representative is available to discuss specific services and fees based on a Registered Nurse’s assessment of the individual resident’s needs.

# The StuartCo Philosophy: Committed to Resident Care

Over nearly forty years, StuartCo has earned a reputation as one of the most respected residential management companies in the Upper Midwest. Locally owned and operated, and committed to maintaining the highest standards in the industry, Stuart brings its proven reputation for caring, quality environments, and employee retention to St. Paul's newest and most up-to-date memory care community.

To assure that our residents always receive the best services possible, all employees subscribe to our service philosophy:

- We strive to maintain and enhance the spirit and dignity of our residents by providing the highest quality of service.
- We provide our residents with an optimum quality of life in a caring, clean and respectful environment.
- We take personal responsibility to promote dignity and independence for our residents, regardless of changing health needs.
- We provide a supportive and nurturing environment that promotes comfort and peace of mind.
- We strive to nurture the spirit of each resident to foster well being and independence.
- We protect each resident's right to privacy.
- We respect our residents and their families as individuals and we serve them with kindness and compassion.
- We offer quality care that is personalized for an individual's needs.



**STUARTCO**  
YOUR HOME. OUR COMMITMENT.

Where Caring Reflects Family

[www.stuartco.com](http://www.stuartco.com)

Convenient to the Entire Twin Cities



 **The Alton**  
Memory Care

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