

# The Alton Staff Directory

**Cindy Leach**

Housing Manager  
651-695-2340

[cleach@stuartco.com](mailto:cleach@stuartco.com)

**Mary Morrison**

Community & Resident Services  
651-695-2384

[mmorrison@stuartco.com](mailto:mmorrison@stuartco.com)

**Julie Endres-Spray**

Director of Homecare  
651-695-2388

[jendres-spray@stuartco.com](mailto:jendres-spray@stuartco.com)

**Teresa Cyrus**

Nurse Manager (1st floor North & 3rd floor)  
651-695-2900

[tcyrus@stuartco.com](mailto:tcyrus@stuartco.com)

**Gerri Morehouse**

Nurse Manager (1st floor South & 2nd floor)  
651-695-2382

[gmorehouse@stuartco.com](mailto:gmorehouse@stuartco.com)

**Peter Hastings**

Activity Coordinator  
651-695-2360

[phastings@stuartco.com](mailto:phastings@stuartco.com)

**LuAnn Wittrock**

Activity Coordinator  
651-695-2360

[lwittrock@stuartco.com](mailto:lwittrock@stuartco.com)

**Patty Brezany**

Food Service Director  
(651) 695-2359

**Stacey Neameyer**

Portfolio Director

[sneameyer@stuartco.com](mailto:sneameyer@stuartco.com)



1306 Alton Street, St. Paul, MN 55116  
(651) 699-2480 | [www.TheAlton.com](http://www.TheAlton.com)  
[www.shepardparkseniorcampus.com](http://www.shepardparkseniorcampus.com)



# The Alton **February 2012** Memory Care

Well...it's February, and as I am writing this, winter has finally arrived! But the good news is that there are only 6 weeks until spring!

A couple of news items for this month – the first thing is that I am very pleased to announce that The Alton now has a contract with Ramsey County for Elderly Waiver funding. This is a program that will help cover housing and home care costs when a senior's assets have been spent down to a certain amount. If you have questions about this program, or think that your loved one may be getting close to needing this program please contact Mary Morrison for additional information.

Starting in April we are going to try to be more environmentally friendly and send the monthly newsletter by email. So, we need your email addresses! You can leave the information with anyone at the front desk, or send it to Peter at the following email address [phastings@stuartco.com](mailto:phastings@stuartco.com). Beginning with April's newsletter, we will only be mailing them out by special request.

I want to say a special thank you to the family of Damie G. for the stunning poinsettia plant that is at the front reception desk, and for the many other smaller poinsettia plants in the dining room and other common areas. They were such a nice holiday touch! Also, thank you to the family of Elvera T. for the book containing beautiful photographs of local areas of interest. The activities staff use this book in some of their reminiscing and one-to-one groups.



*Happy Valentine's Day*

# Activities...

Well...it's a new year—2012!!

Hopefully everyone's New Year is off to a great, productive start! We are truly sad to see Cindy go, but we wish her all the best in her new endeavors! This month we have a Sweetheart's Social Hour in celebration of Valentine's Day. We'll also be celebrating the MANY February birthdays!

January highlights:

- Ladies' Tea, February 1
- Scenic Drive, February 7
- Men's Luncheon, February 8
- Sweetheart's Social Hour, February 14
- Enhanced Birthday Party, February 18
- Birthday Party, February 24
- Musical Entertainment, some Saturdays and the occasional Sunday

# February Birthdays!

- Marilyn J.—February 7**
- Emily V.—February 18**
- Rosalie Mc.—February 24**
- Helen H.—February 27**
- Mary Jane Z.—February 27**
- Jean V.—February 28**



**Sweetheart's Social Hour**  
**Tuesday, February 14**  
**2:30pm**

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**Snacks, beverages, music!**

# Nursing Notes



At The Alton Memory Care we are committed to providing the best care and services to each of you. With that in mind, we are always looking to advance our quality services that we provide.

I want to inform you of our intent to change our main pharmacy affiliation to Merwin LTC Pharmacy. We plan to make this change starting on April 1, 2012.

We are excited about the opportunity to work with Merwin LTC Pharmacy and have confidence that the change will allow us to maintain consistency, efficiency and accuracy in the dispensing of your medications with the added benefit of receiving excellent customer service.

We will be hosting a family informational night on February 23<sup>rd</sup> at 6pm at the Alton. I invite you to join us and learn more about Merwin pharmacy and their services.

I appreciate working with you and want to assure you that our team of nurses will continue to make every effort to meet your needs. If you have any further questions, please feel free to contact me at 651-695-2388.

**Julie Endres-Spray, RN MA**  
Director of Homecare Services

## President's Day - February 20

### **Dementia Caregiver Support Group**

3<sup>rd</sup> Thursday of each month  
**6:00-7:00pm**

The Alton Memory Care—1306 Alton Street—St. Paul, MN 5516  
 No registration needed  
**For more info call: 651-699-2480**